

28th Annual Educational and Awareness Conference Presented by the Kentucky Council on Problem Gambling (KYCPG)

with Sponsorship Support from the Kentucky Department of Behavioral Health, Developmental and Intellectual Disabilities

Presented at the Cincinnati Airport Hilton, Florence, Kentucky March 13-14, 2025.

Virtual Attendance Available Registration Required to Receive CEU Credit

KYCPG's 28th Annual Educational and Awareness Conference is a learning opportunity to gain critical knowledge of gambling addiction, prevention, and treatment practices. The theme, **Building Toward the Future** reflects the maturing evidence of recognizing, minimizing and treating problem and disordered gambling. It is open to anyone wishing more information on gambling's impact on individuals, families, and society. It is particularly relevant to behavioral counselors and prevention specialists confronting or preparing for the rising incidence of the disorder. **The conference also will feature workshop presentations on peer recovery.**

Up to 12 hours of CEUs available. Applications are filed with the International Gambler Counselor Certification Board and for alcohol and drug counselors, licensed professional counselors, psychologists and social workers.

Registration scholarships will be awarded to prevention specialists and counselors with Kentucky Regional Prevention Centers (RPCs) and Community Mental Health Centers (CMHCs). All attendees may apply for registration-only scholarships. Details are in conference registration fillable form below. Please complete, save and send to kmstone1951@gmail.com.

The link for virtual access to the Conference program will be sent to registrants March 10, 2025.

All attendees must register.

KENTUCKY COUNCIL ON PROBLEM GAMBLING 28th Annual Educational and Awareness Conference

REGISTRATION

- \$75 full conference registration fee for KYCPG Members and members of state councils on problem gambling affiliated with the National Council on Problem Gambling (NCPG) (Member Daily Fees -- March 13: \$60; March 14: \$30)
- \$100 full conference registration fee for Non-Members (Non-Member Daily Fees -- March 13: \$75; March 14: \$45)
- Registration fee includes continental breakfasts, lunch, breaks, all conference materials/handouts, CEU application fees, and virtual access if needed.
- \$25 late fee added to registrations received after Feb. 28, 2025.
- Please send complete registrations with cash, check, money order or purchase order (payable to KYCPG) to KYCPG, P.O. Box 4595, Frankfort, KY 40604-4595. If applying for registration-only scholarship, please check box below; do not send payment, but **registration form is required.**

NOTE: Credit Cards cannot be accepted. Payment must be made by cash, check or money order only.

Applications for 12 hours CEUs filed with professional certification boards.

Name:Crede	iiliaioob iilie	
Organization/Agency:		
Address:	City:	State:Zip:
Phone:E-mail:		
PLEASE CHECK APPROPRIATE BOX:		
 □ Member Registration, \$75 <u>OR</u> Member Daily Fee: □ Mon-Member Registration, \$100 <u>OR</u> Non-Member Daily Fee: □ HOUSING ACCOMMODATIONS are available at the Cincinna 	March 13, \$75	5 scholarship (see below)

SCHOLARSHIP INFORMATION: To request a registration-only scholarship, complete registration form and send to KYCPG, P.O. Box 4595, Frankfort, KY 40604-4595, with a brief statement of need for scholarship consideration; or e-mail a copy of completed fillable PDF registration form and brief statement of need to kmstone1951@gmail.com. DEADLINE FOR SCHOLARSHIP APPLICATION IS Feb. 28, 2025.

Hotel Reservation Information Cincinnati Airport Hilton 7373 Turfway Road Florence, KY 41042

A room block has been set up for **March 12-14**, **2025**, at a group rate of \$149 per night + tax. There are two ways to make reservations:

- Follow this custom link: https://www.hilton.com/en/book/reservation/deeplink/?
 ctyhocn=CVGCHHF&groupCode=908&arrivaldate=2025-03-12&departuredate=2025-03-14&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT (for guests only staying 1 night, you will need to edit the stay dates at the top of the screen)
- Call the Hilton reservation line at 1-800-HILTONS and note that you would like to reserve a room in a group block at the Hilton Cincinnati Airport (7373 Turfway Rd. Florence, KY). Ask for the group rate for KY Council on Problem Gambling or reference the group code <u>908</u>.

The cut-off date to make reservations in the block at the discounted rate is <u>February 12, 2025</u>. Any requests after this date are based upon availability and not guaranteed the group's discounted room rate.

For guests wishing to stay additional nights outside of the room block, please contact the hotel directly at 859-372-9621 to inquire about availability.

Hilton Honors Members: please note you **CANNOT** use the link above to reserve your room when logged into your Hilton Honors account. First, log out of your account, reserve your room, then you may log in on the top right hand of the confirmation page and it will automatically link it to your account.

If you have any trouble booking your reservations, please call 859-372-9621.

Building Toward the Future

Kentucky Council on Problem Gambling (KYCPG)
28th Annual Educational and Awareness Conference
Cincinnati Airport Hilton, Florence, Kentucky
March 13-14, 2025
With Virtual Attendance Opportunity Available

Presented by



Agenda

(Note: All Times Eastern Daylight Time)

Thursday, March 13

7 a.m. Registration (Continental Breakfast Available)

8:00 a.m. Welcome

-RonSonLyn Clark, Psy.D., LCADC, NCC, MAC, ICGC-II, BACC, CCS, CGT; Western Kentucky University Adjunct Faculty, Department of Public Health; and KYCPG President

8:45 a.m. **Keynote Address: Building Toward the Future**

-James Whelan, Ph.D., Professor, Department of Psychology, University of Memphis

10:15 a.m. Break

10:30 a.m. **Prevention, Responsible Gambling and Public Health Perspective**

-Gerrimy Keiffer, MSW, CSW; Community Health Evaluator and Population Health Liaison, RiverValley Behavioral Health, Owensboro, KY; and KYCPG Board Member

12 p.m. **Awards Luncheon**

KYCPG Awards Presentations

-Government/Education Award — The Honorable Matthew Koch, District 72, Kentucky General Assembly

-Media Award — Stu Johnson, WEKU Radio (retired), Richmond, KY

-Gleason Award and Remarks — Kate Carlson, Director of CSR and Compliance, Hoosier Lottery

1:30 p.m. **Disordered Gambling and Domestic Violence**

-Kaleb Whitworth, LPCC-S, LCADC, ICGC-I, IGDC; FamilyCare Counseling Center, Franklin, KY, and KYCPG Board Member

3:00 p.m. Break

3:15 p.m. **Gambling Prevalence In Kentucky and Helpline Data Analysis**

-Scott Hunt, Ph.D., Associate Dean, Eastern Kentucky University, College of Justice, Safety and Military Science, and KYCPG Board Member

Thursday, March 13, continued

4:15 p.m. Kentucky Problem Gambling Assistance Account Overview and Update

--Emily Flath, MPH, Mental Health Promotion/Problem Gambling Program Administrator; Promotion, Prevention, and Preparedness Branch, Division of Mental Health; Department for Behavioral Health, Developmental & Intellectual Disabilities

5:00 p.m. Recess

Friday, March 14

7 a.m. **Registration (Continental Breakfast Available)**

8:00 a.m. Concurrent 1: Fundamental Peer Mentor Skills — Engagement and Efficacy, Part 1

-Kitty Martz, CGR, CGAC II, IGRS, BARA, MBA; Executive Director, Voices of Problem Gambling Recovery, Portland, OR

-Brian Ward, CGRM, CGAC-R, IGRS,BARA; President, Voices of Problem Gambling Recovery, Portland, OR

Concurrent 2: Counseling Disordered Gamblers, Part 1

Typologies and Subtypes of Gamblers

Best Practices and Evidence-Based Strategies for Treatment of Gambling Disorder Recovery Oriented Systems of Care

-Daniel Kaufmann, Ph.D., LMHC/LPC, ICGC-II, IGDC, BACC; Associate Professor, Clinical Mental Health Counseling, Grand Canyon University

10:00 a.m. Break

10:15 a.m. Concurrent 3: Fundamental Peer Mentor Skills — Engagement and Efficacy, Part 2

-Kitty Martz, CGR, CGAC II, IGRS, BARA, MBA; Executive Director, Voices of Problem Gambling Recovery, Portland, OR

-Brian Ward, CGRM, CGAC-R, IGRS,BARA; President, Voices of Problem Gambling Recovery, Portland, OR

Concurrent 4: Counseling Disordered Gamblers, Part 2

Typologies and Subtypes of Gamblers

Best Practices and Evidence-Based Strategies for Treatment of Gambling Disorder Recovery Oriented Systems of Care

-Daniel Kaufmann, Ph.D., LMHC/LPC, ICGC-II, IGDC, BACC; Associate Professor, Clinical Mental Health Counseling, Grand Canyon University

12:15 p.m. **Conference Wrap-up**

-RonSonLyn Clark, Psy.D., LCADC, NCC, MAC, ICGC-II, BACC, CCS, CGT; Western Kentucky University Adjunct Faculty, Department of Public Health; and KYCPG President

12:30 p.m. **Adjourn**

1:00 p.m. KYCPG Board Meeting (*Invitation Only*)

FUNDING for some sessions made possible by the Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID).

12 hours of continuing education units (CEUs) are pending approval by the following:

(KY Board of Licensed Professional Counselors, International Gambler Counselor Certification Board, Kentucky Board of Social Work, the Kentucky Board of Psychology, Kentucky Board of Alcohol and Drug Counselors)

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Department of Behavioral Health, Developmental
and Intellectual Disabilities

Cincinnati Airport Hilton, Florence, Kentucky March 13-14, 2025

Welcome

RonSonLyn Clark, Psy.D., LCADC, NCC, MAC, ICGC-II, BACC, CCS, CGT; Western Kentucky University Adjunct Faculty, Department of Public Health; and KYCPG President

Dr. Clark will welcome attendees on behalf of the Kentucky Council on Problem Gambling (KYCPG). **Learning Objectives:** Make attendees comfortable; introduce speakers; explain evaluation procedures.

Keynote Address: Building Toward the Future

James Whelan, Ph.D., Professor, Department of Psychology, University of Memphis

With the continuing expansion of gambling in Kentucky, and the growing need for counselors and peer recovery specialists needed to address problem and disordered gambling, Dr. Whelan will cover the state of knowledge about the assessment and treatment of gambling disorders which will include secondary prevention knowledge related to emerging adults.

Learning Objectives:

- The presentation will discuss the history and advances in assessment and treatment of gambling disorders;
- It will examine the impacts of gambling behavior on adolescents; and
- It will review evidence-based approaches to treating gambling disorder.

Prevention, Responsible Gambling and Public Health Perspective

Gerrimy Keiffer, MSW, CSW; Community Health Evaluator and Population Health Liaison, RiverValley Behavioral Health, Owensboro, KY; and KYCPG Board Member

The effects of uncontrolled gambling can be mitigated by prevention and responsible gambling messaging. Mr. Keiffer will present within the context of addressing problem and disordered gambling from a public health perspective.

Learning Objectives:

- Attendees will gain an understanding of prevention measures to mitigate problem and disordered gambling;
- They will receive guidance on effective responsible gambling messaging; and
- They will gain understanding of gambling disorder as a public health issue.

Awards Luncheon

The Kentucky Council on Problem Gambling (KYCPG) will present achievement recognition with its annual awards: Government/Education — The Honorable Matthew Koch; Media — Stu Johnson; and Arch L. Gleason Award for Responsible Gambling Leadership — Kate Carlson. Ms. Carlson, Director of CSR and Compliance, Hoosier Lottery, will deliver the Luncheon Address on the importance of gambling industry attention to responsible gambling practices.

Learning Objectives:

- To recognize awareness of problem and disordered gambling, which crosses all groups of society;
- To further recognition of contributions to responsible gambling and public awareness.

Disordered Gambling and Domestic Violence

Kaleb Whitworth, LPCC-S, LCADC, ICGC-I, IGDC; FamilyCare Counseling Center, Franklin, KY; and KYCPG Board Member

Studies recognize higher incidence of domestic violence associated with problem and addicted gambling. Mr. Whitworth will report on his personal interactions with clients living in domestic violence exacerbated by problem gambling. He will review screening and counseling methods.

Learning Objectives

- To gain an understanding the impact of problem and disordered gambling on domestic violence;
- To learn of waning signs and screening tools to identify when gambling behavior increases the potential for domestic violence; and
- To receive suggestions for counseling methods that can address domestic violence abetted by gambling.

Gambling Prevalence In Kentucky and Helpline Data Analysis

Scott Hunt, Ph.D., Associate Dean, Eastern Kentucky University, College of Justice, Safety and Military Science; and KYCPG Board Member

What are the statistics regarding gambling, problem gambling and gambling disorder in Kentucky? Dean Hunt will review his analysis of various state and national surveys presenting the results, explaining the extent of gambling, problem gambling and gambling addiction in Kentucky, including its impact on different demographic groups.

Learning Objectives:

- Understand the prevalence of disordered and problem gambling in Kentucky;
- Understand how the rates are determined;
- Understand the call volume to Kentucky's problem gambling helpline; and
- Consider enhancements needed to improve data collection and problem analysis.

Kentucky Problem Gambling Assistance Account Overview and Update

Emily Flath, MPH, Mental Health Promotion/Problem Gambling Program Administrator, Promotion, Prevention, and Preparedness Branch, Division of Mental Health, Department for Behavioral Health, Developmental & Intellectual Disabilities

The presentation will provide an overview and update on the Problem Gambling Assistance Fund and review a Problem Gambling Toolkit.

Learning Objectives

- Provide an overview and update on the current status of the Kentucky Problem Gambling Assistance Fund;
- Review the waring signs of problem gambling, and
- Provide resources for problem gambling assistance.

Concurrent 1 and 3: Fundamental Peer Mentor Skills — Engagement and Efficacy (two sessions)

Kitty Martz, CGR, CGAC II, IGRS, BARA, MBA; Executive Director, Voices of Problem Gambling Recovery, Portland, OR

Brian Ward, CGRM, CGAC-R, IGRS,BARA; President, Voices of Problem Gambling Recovery, Portland, OR

The increase of problem and disordered gambling in Kentucky requires multiple avenues to help those affected recover from their gambling problem or disorder. One concept gaining importance is gambling peer recovery or peer mentoring specialists. Ms. Martz and Mr. Ward will share their experiences in Oregon establishing a successful gambling peer mentoring program.

Learning Objectives -- 3

Learning Objectives:

- Gain and understanding of what is a peer recovery specialist or mentor;
- Learn the basic protocols to serve as a peer recovery specialist or mentor; and
- Receive information on how to achieve certification as a peer recovery specialists or mentor.

Concurrent 2 and 4: Counseling Disordered Gamblers (two sessions)

Daniel Kaufmann, Ph.D., LMHC/LPC, ICGC-II, IGDC, BACC; Associate Professor, Clinical Mental Health Counseling, Grand Canyon University

Dr. Kaufmann will review the best practices in counseling disordered gamblers. He will cover Typologies and Subtypes of Gamblers, Best Practices and Evidence-Based Strategies for Treatment of Gambling Disorder, and Recovery Oriented Systems of Care

Learning Objectives:

- Understand the various types of gamblers and how each reacts to counseling outreach;
- Become familiar with the best practices for counseling problem and disordered gamblers and their families; and
- Learn the basics of recovery oriented systems of care.

Conference Wrap-up

RonSonLyn Clark, Psy.D., LCADC, NCC, MAC, ICGC-II, BACC, CCS, CGT; Western Kentucky University, Department of Public Health; and KYCPG President

Dr Clark will review the highlights of the conference and remind attendees of evaluation and certification procedures.